



Wilderness Trail

Day Event Weekend Packing List

Food

- Food for a picnic lunch, such as: crackers, peanut butter, sandwiches, fruit
- Any snack food you might like: candy that doesn't melt, trail mix, dried fruit, jerky, marshmallows, etc.

* WT provides 2 breakfasts and 1 dinner during your weekend.

Clothing

Be sure to pack warm clothes no matter the forecast, since weather in the mountains can change quickly. It will be cool at night. We suggest bringing:

- 1 t-shirt
- 1 pair of shorts, hiking pants, or biking pants
- 1 pair of warm pants (sweat pants, fleece pants, etc.)
- 1 long-sleeved shirt
- 1 sweatshirt, fleece, or warm jacket
- 2 pairs of hiking socks or good athletic socks
- Extra layer if you're cold-natured
- Hiking boots or sneakers with good traction
- Poncho or waterproof rain jacket ("water resistant" means you will still get wet!)
- Undergarments
- Gloves
- Warm hat or ear cover

Sleeping Gear

- Sleeping bag designed for cold weather use – or, warm weather sleeping bag with extra blanket
- Pillow
- Optional: Thermarest, Ridgerest, or other sleeping pad.* There are a few cots at the Property but not enough for everyone.

Equipment

- Small backpack for at least 1 person in your family to carry
- Toilet paper in a Ziploc bag
- At least 1 water bottle (1 quart) per person – 2 is better
- A Ziploc bag for lunch trash
- A large trash bag, in case it rains
- Any emergency medications you need, such as inhalers or epinephrine shots (for bee allergies)

Base Camp Stuff

- Toiletries
- Extra pair of contacts, if you wear them
- Towel if you plan to shower at the Property

Optional items you might want...

- Small Bible
- Playing cards or other games
- Walking Stick
- Camera (disposables work well)
- Sunscreen (WT Staff will carry some, but if you burn easily you may want your own)
- Hat(s) or bandanna(s)
- Baby wipes and/or hand sanitizer
- Ace bandage or brace if you have joint problems

Do not bring...

- Valuable jewelry
- Personal stereos / CD players / MP3 players
- Watches (we recommend taking them off during your time biking or day hiking)
- Cell phones (they don't work at our Property)
- ABSOLUTELY NO drugs or alcohol
- Dogs or other pets